

## **I want more American food**

Mom: Which restaurant do you want to go out tonight for dinner?

Me: Chick-fil-A!

Mom: No, let's eat Chinese food.

Me: Chinese food again!

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This is my family trying to decide which restaurant to go out to eat. I always want to go to an American restaurant but my parents repeatedly choose to go to a Chinese restaurant instead. My parents don't understand my desire for American food. They view Chinese food as the best type of food in the world. My parents enjoy eating Chinese food but I enjoy eating American food. They never understood my taste. They want me to eat Chinese food because I am Chinese. I wish they could understand why I like American food better and how it is reasonable for me to enjoy eating American food. They don't know much about my love with American food. That's why I am going to tell my parents about all of the things they don't know about my fondness with American food.

First, I like American food better than Chinese food because it is tastier. American food contains more sugar than Chinese food. Chinese food uses spices like star anise and red Sichuan pepper. Sugar makes food sweet but spices change the flavor. Since I have a sweet tooth from eating a lot of sugary foods such as chips and candy when I was growing up, American food is

going to be more fit for my taste. Eating a lot of Chinese food makes me feel that the taste of Chinese food worsens slowly over time. That is why I feel American food is tastier.

Second, I like American food better than Chinese food because of the varieties you get to choose. American food has all kinds of food, from very sugary (candy), to very greasy (popcorn), to fried (French fries), to all kinds of main courses (hamburger), to other categories, while Chinese food has very similar choices to each other and only a few distinct choices. Most Chinese food contains similar spices, so they all taste similar with that Chinese flavor. Since American food has more options than Chinese food, it is more likely to love American food better than Chinese food, which is in this case.

Moving on from reasons why I like American food better than Chinese food, my parents don't think it is reasonable for me to like American food more than Chinese food. As I said before, my parents think that I am supposed to eat Chinese food since they are Chinese. They want the penchant of Chinese food to move to the next generation, which, in this case, is me. I, however, view it reasonable for me to eat American food. I was born in America so it is natural for me to like American food. It's also similar to Chinese people born in China. Since Chinese people are born in China and grew up eating Chinese food, they should like Chinese better than any other type of food. Since I was born with a lot of sugary foods all around me in America, I grew up liking American food more than Chinese food. It makes sense for a person born in America to like American food better than any other type of food. Telling my parents this would make them understand why my penchant for American food is reasonable. Born American, Eat like an American.

If I showed this to my parents, there would one problem. They would be so disappointed in me because I have eaten my mom's food most time. My mom's food is the best but since I've eaten her food so many times, I want to try American food from time to time. To cheer them up, I would tell them some positive news. In college, I won't be able to eat my mom's food for a long time and very soon, I will miss my mom's food, resulting in my mom's food beating American food in the race for the title of being my favorite type of food. Another positive is that my mom's food brings back a lot of memories. Each time I eat, it reminds me of my family, happiness, and great events we did together. I love my mom's food but for now, American food is still in the lead just by a little bit. I love American food more because I barely have the chance to eat all those delicious American foods, in contrast to my mom's food, which I eat every day. I am not saying my mom's food is not good, I am saying that her food is really yummy but American food is my preference because of the amount of times I've eaten my mom's food so far.

To help my parents solve the problem of American food vs. Chinese food, I suggest we could alternate food types at home. My mom knows how to make a variety of American food, such as one of my favorites--steak. My parents always want to save money so this could be a good option. Another option is to change some of the spices so they taste a bit different from each other. That way, I won't be tired of having similar Chinese foods and that could help make Chinese food taste better. My last solution is to continue having my mom's food but we go once per week to an American restaurant--AN AMERICAN RESTAURANT!!! This way, I won't miss American food that much and won't have to eat Chinese food that much anymore. Each

one of these solutions is fine with me and each of them would help Chinese food taste better and let me eat more American food.

My parents never really understood much about my love for American food. They always thought it made no sense, but all of what I wrote previously shows that they are wrong. This would make them understand my love with American food and soon they will know that it makes sense for me to like American food better than Chinese food.